

BIKE FIT QUESTIONNAIRE

PHYSICAL THERAPY

Name:		
PhoneNumber:		
Bike Type: ROAD MOUNTAIN HYBRID OTHER		
Bike Make (ie. Trek, Specialized, Yeti, Cervelo) :		
Bike Model : Shoes: CLIPS CLIPS OTHER		

CURRENT PAIN THAT IS RELATED TO BIKING:

Toe Numbness:	Back Pain:	Hand Numbness/Tingling:
Knee Pain:	Shoulder Pain:	
Hip Pain:	Neck Pain:	

GENERAL INFORMATION:

Injury or Surgical History:

Questionnaire continued on page 2

BRECKENRIDGE 880 Airport Rd Breckenridge, CO 80424 970.453.4364

EDWARDS

1140 Edwards Village Blvd Suite B105 Edwards, CO 81632 970.477.4457

FRISCO

360 Peak One Dr Frisco, CO 80443 970.668.0888

SILVERTHORNE

555 Adams Ave Silverthorne, CO 80498 970.262.6106 1



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GENERAL INFORMATION CONT: Cycling hours per week: _____ Frequency of riding per week: _ Any changes to your riding style (duration, frequency, etc.):

New equipment (shoes, cleats):

How long have you had this bike? _____ Have you ever had a professional bike fit? \[YES \[NO

What are your goals for this bike fit?

What are your biking goals?

Additional comments/notes:

Please wear your normal bike clothing including shoes, padded shorts, gloves, etc.

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